

## **Angina Pectoris - Pain**

### **Lion' s Roar**

LION'S ROAR is used for acute heart ailments. This Herbal Formula counteracts deposits, moves the blood, relieves pain and opens the Luo Mai of the chest, heart and pericard. Lion's Roar is emergency medicine and should be used primarily for the treatment of acute heart pain - angina pectoris immediately and 6 to 10 tablets at once. The procedure may be continued if no improvement has occurred. Lion 's Roar should not be used in combination with blood thinning medications and is also contraindicated during pregnancy.

The patient should avoid fried and greasy food, heavy meals and alcohol. Cheese is not allowed.

The Posology is a one-time intake of 6 to 10 tablets or 3 x 6 distributed throughout the day.

This preparation can be very well combined with Lion 's Heart, Niripsa and also Breaking Through in the acute phase.

## **Cardiac Arrhythmia**

### **Peacemaker**

KING BALANCE is used for the treatment of cardiac arrhythmia. This excellent herbal composition, Harmonises Hun, Po, and Shen together clear the subtle channels of the Heart and Calms Shen. This is an essential Patent Formula to treat the aftermath of shocking experiences, especially fear of falling asleep and nightmares. This preparation is very precious in paediatrics especially for the treatment of dreams, fear of falling asleep, to be alone during the night and restlessness during sleep.

It is recommended - in the acute phase - to take 6 to 10 tablets. Otherwise, 3 x 6 to 10 tablets are recommended per day, and the duration of therapy should be 12 days. This preparation is also allowed during pregnancy.

The patient should abstain from sweets, tobacco, coffee, tea, fried and greasy food, sausage and garlic.

This preparation can be combined with Lion 's Heart, Lion' s Roar, Breaking Through (Thrombosis) and also Tonics like Yin Root, San Bao Tee ( Yin Deficiency), Iron drops (Blood Deficiency), Yang Root, Rinchentee, Warming the Root, and even Quick Belly Movement if the food stagnation via the stomach Luo Mai attack the Heart and the Heart Vessels.

## **Cholezystitis**

### **Wrathful General**

WRATHFUL GENERAL is used for the acute treatment of cholecystitis. This patent formula disperses the Shao Yang Qi (Gallbladder), clears heat and damp heat, moves the qi and the blood and above all relieves pain. The aetiology can be either bile stones or emotional conflicts and stress. It is therefore advisable to always use this preparation in combination with other patent formulas such as Quick and Slow Belly Movement to promote the resorptions, Greenstone in case of biliary stones, Happy Days to open the Heart Channels, , No Worry , Six Flowers and Joyful Days to relax, Peaceful Nights to relieve the Gallbladder through Improving the sleep and in case of Yin deficiency Deep Sleep Forte , Burn out Relief - in case of burn out syndrome and stress and SHL Taming the Dragon to improve the circulation of the Shao Yang Qi.

The patient should immediately take 10 tablets per hour or at least 4 times a day and refrain from greasy and fried food, onion, chive, leek, garlic, alcohol, and chocolate. Fasting for a few days would indeed be helpful. In acute onset, acupuncture is a crucial treatment too. This preparation is allowed during pregnancy

## **Moon Face**

MOON FACE is used to treat Cushing Syndrome. This drug neutralises the side effects of ACTH or corticosteroids, nourishes the yin, clears up the empty fire and blood heat, dissolves blood congestion, lowers the liver's yang (hypertension) and controls blood sugar.

Symptoms: Obesity, a red flushed face, head distention and vertigo, throbbing headache, irritability, anger, chest oppression, heart vexation, profuse dreams, thirst, constipation, slimy, yellow tongue fur, and a slippery, bowstring, rapid pulse

TCM Mind Mapping: ACTH or corticosteroids or Kidneys Yin Deficiency and Empty Heat> along with Spleen Qi Deficiency> Damp Heat> Heat prevails > Qi and Blood Stasis > Ascendant Liver Yang

Posology: It is recommended 3 x 6 to 10 tablets a day

Combinations: Sugar Blues 1 (Diabetes Type 1) and 2 (Diabetes Type 2), Clearing the Heat (Empty Heat), Black Turtle (Cortisone Side Effects), Weight Balance Heat (Overweight with Damp and Phlegm Heat), Black Stones (Kidney Stones), Finding Balance (Manic Depressive), Easy Flow Hot (Dysmenorrhea)

Dietetics: garlic, leek, onion, dill, chives, spring onion, pepper, nutmeg, chilli, Tabasco, lamb, poultry, seafood, fried and greasy food, alcohol, sugar, sweets, honey, fructose, chocolate, cheese

## **Pathless Path**

PATHLESS PATH is used for the treatment of acute diverticulitis.

This valuable food supplement stimulates intestinal transit, nourishes the yin of the colon without producing internal moisture or mucus, clears heat and toxins, dissolves blood and qi stagnation and prevents intestinal bleeding.

Signs and Symptoms: Diverticulitis, specifically colonic diverticulitis, is a gastrointestinal disease characterised by inflammation of abnormal pouches - diverticulitis - which can develop in the wall of the large intestine. Diverticulitis typically presents with left lower quadrant abdominal pain of sudden onset. There may also be fever, nausea, diarrhoea or constipation, and blood in the stool

TCM Mind Mapping: spleen qi deficiency and kidney yin deficiency (old age)> heat and damp heat whereby the heat predominates> large intestine qi and blood stagnation> toxins> blood heat> bleeding> Zhong Liu danger

Contraindications: This formula should not be used for diverticulitis due to Yang deficiency and internal cold, damp cold and phlegm cold and is not allowed during pregnancy.

Posology: 3 x 6 to 10 daily

Dietetics: Citrus Fruits, Fried and Greasy Food, Seafood, Lamb, Poultry, Garlic, Onion, Leek, Chives, Dill, Pepper, Ginger, Alcohol.

## **Glomerulonephritis Acute**

### **Fire Rooster**

FIRE ROOSTER is used for the treatment of acute nephritis and acute glomerulonephritis. This food supplement cleanses kidneys and bladder damp heat toxins, blood heat and blood stasis, and also fire toxins. It stimulates diuresis, decongestants, relieves itching and calms the liver yang (hypertension).

Signs and Symptoms: Acute glomerulonephritis: puffiness of the face on waking up, urine that is brown or contains traces of blood, decreased urination, fluid in the lungs leading to coughing and shortness of breath, high blood pressure.

Chronic glomerulonephritis (Kidneys Yin and Qi deficiency with empty fire) develops over a long time, often without apparent symptoms. However, complete kidney failure can result. Individuals with glomerulonephritis might experience: blood or protein in the urine, high blood pressure, swollen ankles or face, because of water retention frequently urinating during the night, bubbles or foam in the urine, caused by excess protein.

TCM Mind-Mapping: Acute glomerulonephritis: WBL - infectious disease > fire toxins > kidney damp heat toxins > blood heat > blood stagnation > bleeding > Chronic glomerulonephritis > kidney yin deficiency > kidneys empty fire > blood heat > blood stasis and bleedings

Posology: In the acute phase at least 6 x 10 tablets should be taken 4 times a day. This preparation may be combined with allopathic treatment and is also allowed during pregnancy.

Dietetic: The patient should abstain from spicy food and hot spices, alcohol, coffee, lamb meat, chicken meat, poultry, seafood, vinegar, onion, garlic, chives, leek.

Combinations: Five Herbs (Nässe Hitze Toxine), Water Separation ( Untere Erwärmer Feuchte Hitze), Five Dragons (Eiweiss in Urine), Hot Stream (Cystitis) , Clearing the Heat (Yin Mangel und Leere Hitze), Five Herbs ( Nässe Hize und Toxine), Heavenly Streams (Nässe Hitze Toxine in Jue Yin)

## **Glomerulonephritis Acute**

### **Black Rooster**

BLACK ROOSTER is used for the treatment of chronic glomerulonephritis. This preparation nourishes the yin, clears empty heat and blood heat, prevents proteinuria, astringent the kidney Qi, clears hidden toxins and dissolves blood stagnation in the kidneys.

The patient should take 3 x 6 to 10 tablets a day. Therapeutic duration is always defined by the therapist. This preparation may be combined with antibiotics and also during pregnancy.

The patient should abstain from spicy food and spices, and above all alcohol, tobacco, coffee, meat, seafood, vinegar for at least 12 days.

Black Rooster can be combined with the following preparations: Five Herbs, Five Dragons, Clearing the Heat, Yin Root, San Bao Tea (Yin and Qi Deficiency), Waterway (oedema), Water Balance (urinary incontinence)

## **Heart Insufficiency**

### **Powerful King**

POWERFUL KING is used for the treatment of global heart insufficiency ( right and left). This herbal medicine can be combined together with western treatment. Powerful King tonifies the Yuan Yang (Original Yang), the Yang, and Qi of the heart, promote the circulation of Qi in the chest, improves the blood circulation and protects against liquids stagnation in the lungs, it has a downbearing effect of the Heart qi and promotes the relationship between the heart, lungs and the kidneys. This herbal formula protects the blood vessels and calms the mind. This is a medicine of choice to be taken during an extended period of time.

It is recommended to take 3 x 6 to 10 tablets a day for an extended period of time, This remedy is not allowed during pregnancy.

The patient should refrain from deep frozen and microwave food, cold food and drinks but especially no yoghurt, glycine soja - soja products, green salad, tomato cucumber, coffee, green, black tea and acid fruits.

Powerful King can be combined with Yang Root, Warming the Root, Rinchen Tea and Secret Power to strengthen the Yang, Breaking Through to promote blood circulation in the upper warmers, especially heart, brain and lungs (Thrombosis) , Water Way to stimulate the diuresis , Life Elixir to tonify the yuan yang, Sea of Qi lifts energy up to the vertex, Life Energy to harmonise the spleen and stomach, and Quick Belly Movement to prevent the food stagnation and retrospectively to protect the heart.

## **Cutaneous Lupus Erythematosus - CLE**

### **Red Butterfly**

RED BUTTERFLY is used for the treatment of cutaneous lupus erythematosus (CLE). This disease is triggered by an invaded Wen Bing pathogen influence, penetrates into the Qi, Ying and Xue Fen and promoted by constitutional Yin deficiency with empty heat and blood heat.

RED BUTTERFLY penetrates the Qi Fen, Ying Fen, and Xue Fen, eliminates fire and poisonous toxins (Re Du), clears blood heat, releases blood stagnation and protects the yin. This preparation is allowed during pregnancy.

The patient should refrain from any hot spices especially garlic, leek, onion, chives, pepper, alcohol, vinegar, wine, seafood, lamb, poultry meat and even smoking tobacco.

The patient should take 3 x 6 to 10 pellets a day for at least 12 days. The duration of treatment is always determined by the therapist.

This preparation can be combined with the Wen Bing Lun preparations of the line very well. Clearing the Heat can be used in case of a constitutional Yin deficiency with empty heat.

## **Cutaneous Lupus Erythematosus - SLE**

### **Black Butterfly**

BLACK BUTTERFLY is used for the treatment of lupus erythematosus SLE. This disease initially is triggered by an invasion of pathogen influence (Wen Bing), which penetrate into the Ying and Xue Fen, and damage the Yin, produces empty heat, blood heat and blood stagnation in all Zang Fu. This condition is very critical and should be treated by a skilled TCM Doctor. The combination of Western medicines and the butterfly preparations is possible and should never be excluded.

BLACK BUTTERFLY penetrates into the Ying Fen and Xue Fen, removes poisonous fire toxins (Re Du), clears blood heat, dissolves blood stasis, protects the yin and the kidneys and clear empty heat. This preparation is allowed during pregnancy.

The patient should refrain from any hot spices especially: garlic, leek, onion, pepper, alcohol, vinegar, wine, seafood, lamb, poultry meat and even smoking tobacco.

The patient should take 3 x 4 to 6 tablets a day for at least 12 to 30 days. The duration of the therapy is always determined by the TCM therapist and varies according to the diagnostic.

The Wen Bing Lun (WBL) pattern formulas from the Diolosa Line, can be combined with the treatment, especially Clearing the Heat or even Yin Root to nourish the Yin. It is possible to mix both preparations together, namely Red Butterfly in the Morning and Black Butterfly in the afternoon.

### **Dragon Eyes**

**DRAGON EYES** is used for the treatment of Graves' disease. This herbal remedy eliminates mucus/phlegm heat, tan, blood heat and blood stagnation from the Shao Yang and Yang Ming, calms Wind Phlegm/Mucus (Feng Tan), frees the throat, clears the eyes, soothes Shen and preserves the Yin without producing additional wetness. Dragon Eyes takes into account both the fullness and the emptiness of this disease, but above all, eliminates Feng Tan's primary caused by an imbalance between Shao Yang and Yang Ming, who attacks the eyes and the central nervous system and subsequently exhausts the yin.

**TCM Mind Mapping:** Gall Bladder Mucus Heat > Yang Ming Mucus Heat > Feng Tan> Tan and Blood Congestion in the Larynx and Eye Area> Kidney Yin Deficiency> Liver Blood Deficiency> Detachment of the Yang > Chong and Ren Mai are empty

**Posology:** 3 x 6 to 10 pellets per day

**Dietetics:** to avoid - bulb plants, alcohol, hot and hot spices mixtures, seafood, lamb, poultry meat, vinegar, pepper, clove, nutmeg, ginger, galgant root, Ras El Anout spices mixture, garlic, onion, leek, dill, chives, chili , Fried and greasy food, microwaves and frozen foods

## **Pancreatitis**

### **Mother Earth**

MOTHER EARTH is used for the treatment of acute pancreatitis. This preparation harmonises the connection between wood and earth or between the liver, gallbladder and the pancreas, clears heat and toxins, removes blood heat, moves the blood, the qi and relieves pain.

It is recommended to take 4 x 4 to 6 tablets a day. The duration of the therapy is still determined by the TCM doctor.

This preparation can be combined with: No Worry (Qi Stagnation and Stress), Six Flowers (Qi and Blood Jam), Happy Days (Frustration - Depression), Open Space (Gastritis), SHL Taming the Dragon (Shao Yang Qi Jam) Combine. It is especially important that the patient abstains from alcohol and hot spices.

The patient should abstain from stress, alcohol, tobacco, hot and spicy spices, garlic, leeks, onion, chives, chilli, Tabasco, vinegar, lamb, seafood.

## **Mononucleosis**

### **Secret Spell**

SECRET SPELL is used for the treatment of infectious mononucleosis disease. This patent formula acts against the Epstein-Barr virus (EBV) or removes damp heat toxins in which heat predominate, from the deep layer of the organism, from the blood layer (Xue Fen). The disease is associated with incubation time (4 to 6 weeks).

Secret Spell clears damp heat toxins (virus), softens toxic accumulations and hardenings in the upper warmer (lymph), relieves pain, clears fever and generally clarifies fire toxins and swellings.

This preparation should only be used in the acute stage for at least 12 days. The duration of the therapy is always determined by the TCM therapist and varies according to the diagnostic.

The patient should refrain from: fried and fatty foods, hot and spicy, lamb, seafood, pork, cheese, sugar, vinegar, chocolate, and alcohol.

This patent formula can be combined with WBL Great Protection Screen, Throat Cooling Dew Tablets, and Spray, Fleming (antibiotic) very well. A 12-day cure in spring with Cleansing Days Tablets and Tea would be indeed perfect to get rid of damp heat and toxins in the liver and bloodstream ( Jue Yin)

## **Dragon Nostril**

DRAGON NOSTRIL is used for the treatment of Sjogren's syndrome. This herbal supplement dispels deeply penetrated pathogen influences (Wen Bing Lun), preserves the yin, clears blood heat, dissolves blood stasis, softens viscous-fluid collections, mucus and phlegm, opens the LUO MAI and promotes the circulation of body fluid (Jin Ye).

The Sjögren syndrome results from the late episode of a Wen Bing Pathology with empty heat, hidden heat and toxins in the body which has been not cured completely. It is especially important to open up the LUO MAI to restore the circulation of the body fluids and to enhance the moistening of the mucous membranes.

TCM Mind Mapping: WBL> Lung and Stomach Yin Deficiency> Empty Heat and Toxins> Blood Heat> Blood Jam and Tough - Mucus/Phlegm blocks the LUO MAI and prevents the distribution of body fluids

Posology: 3 x 6 to 10 pellets per day

Dietetics: Bulb Family, Alcohol, Hot and Hot Spices Blends, Seafood, Lamb, Poultry, Vinegar, Pepper, Clove, Fennel Seed, Nutmeg, Garlic, Onion, Leek, Dill, Chives, Chili, Roasted and Greasy

## **Dragon Skin**

DRAGON SKIN is used for the acute form or first stage of scleroderma. The formula strengthens the spleen, dissipates moisture and phlegm, opens the LUO MAI, eliminates the influence of pathogens, stimulates the circulation of the blood, promotes flexibility, softens the skin and relieves pain.

Posology: The patient should take 3 x 6 to 10 tablets per day. The duration of treatment is decided by the therapist.

TCM Mind Mapping: Pi Bi Syndrome> Spleen Qi Deficiency> Yang Ming and Shao Yang Wetness, Phlegm> Attacks the Luo Mai and Blood Vessels> Blood Stasis> Skin Bi (Pi Bi) and Additionally Wind, Cold, Wet PE, and Blood deficiency

Combination: 5 Shells, 5 Dragons (Luo Mai), Life Energy (Spleen Qi Deficiency), Easy Movement Cold (Bi Syndrome), Easy Movement Tea (Bi Syndrom), Animal Soul Door (Po), Celestial Pivot (Knots ), Great Gateway (wetness cold), Five Queens (blood stagnation and toxins), Niripsa (blood stasis and pain), Loving Care (Morbus Reynaud)

Dietetics: the patient should abstain from dairy products, sugar, citrus fruits, fried and fatty foods

## **Thrombocytopenic purpura**

### **Dragon Blood**

DRAGON BLOOD is used for the treatment of thrombocytopenic purpura. The bleeding has been triggered in the blood level due to drug treatment, constitutional weakness, or infectious disease or penetrated pathogenic influence (virus/bacteria). This preparation clears heat and eliminates fire toxins from the blood layer (Xue Fen), prevents blood clotting and subcutaneous bleeding (petechia), has anti-inflammatory properties, protects the yin and controls the empty heat.

The patient should take 3 x 6 to 10 pressings a day, under the supervision of an experienced TCM therapist. This preparation is also allowed as an emergency preparation during pregnancy.

Dragon Blood can be combined with WBL Red, Purple and Black Protection Screen. In the case of Yin deficiency with Empty Heat, Clearing the Heat is recommended.

The patient should refrain from pungent and hot spices, wine, seafood, lamb, garlic, leeks, onion, pepper, chilli, and vinegar.