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# CHRISTMAS-NEW YEAR-RETREAT 2019/2020

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## The Birth of Light



Date: 27<sup>th</sup> December 2019 to 1st January 2020

A winter retreat to celebrate the birth of Christ, the birth of the clear light of the primordial mind in each one of us. A moment of contemplation in peace and love. This retreat will be dedicated to the light of Christ, but also to the Three Wise Men who came from Iran to show their respect and devotion to this extraordinary being, the Infant Jesus.

The subject of this retreat will be the unborn light of Christ, the primordial wisdom which shines in every one of us and was at the origin of the world, but the world did not recognize it (Saint John).

Claude will explain the symbolism of the Three Wise Men - the three kings who came from Persia and their alchemistic meaning. The crib, the cow, the donkey and the star of

Sirius will also be a core subject during these days. A symbolism which includes alchemy and even astronomy.

The retreat will be bilingual English-German.

The birth of the Child Jesus is full of mysteries, but the most significant revelation is that of the unborn light that enlightens every one in this world, the parthenogenesis of God is also what we call the Virgin Mary.

You are all invited to share this moment with us, to close 2019 in peace and silence and to celebrate with us the start of the New Year.

Pace e bene from Assisi,  
Claude & Diana



The **program** will look like this (spontaneous changes are possible and likely):

10h to 13h: teachings and meditation

Lunch break from 13h to 16h

16h to 19h: teachings and meditation, painting studio (icons)

In addition, we will certainly make a fire puja early in the morning (participation voluntary) and in one

evening a meditation and candle offering for the deceased.

One day we will make an excursion to Valle Santa (Greccio, Fonte Colombo, Poggio Bustone, La Foresta) and visit these important places in the history of Saint Francis. We will also travel with the group to Laverna, the place where San Francesco received the Stigmata.

It is recommended for all retreats to bring **offerings**, above all:

- 1- Saffron
- 2- Medicinal herbs and incense
- 3- Flowers for the altar
- 4- Candles for the altar

Offerings are an important support for every meditator and should not be underestimated. As a offering you should not bring something you no longer need at home, but something precious like saffron, medicinal plants, incense of high quality, candles made of beeswax, precious stones for the altar etc. All offerings are placed in the mandala and can be taken home again after the retreat.



Our centre does not offer any catering facilities. We recommend that you register for lunch at the nearby Agriturismo Re Artu (this registration will take place later). For the price of 20€ they offer fresh, healthy and vegetarian food for our group. However, everyone is free to arrange their lunch break individually.

Very important: We have enough space for **30 participants**.  
The meditation text will be given to the participants for the retreat.

**Course fee: 300€** (without VAT), payment in cash at the beginning of the course.

**Address of our centre:** Via Padre Pio 15, 06081 Assisi, Italy

**Registration:** Exclusively and binding via the following link:

**<http://eepurl.com/gAF1Q5>**

Please complete the automatic registration process, including confirmation of your e-mail address. You will receive an automatic registration confirmation at the end.

**Important:** If you are unable to attend the seminar, you can cancel your registration free of charge up to 3 months before the start of the course. 3 months to 1 month before the seminar 50% of the course costs will be charged if you cancel your registration. 1 month to 1 day before the start of the course you have to pay 75% of the course fees if you cancel. If you do not attend the course or cancel at the beginning of the course, 100% of the course fees will be charged.



**Accommodation:**

We recommend our participants to reserve a room in the following monastery, it is very conveniently located and very reasonable in price. You can also book full board at a very reasonable price:

**Domus Laetitia**, a monastery a few meters outside the city walls of Assisi, you can have a look at the homepage:

<https://www.domuslaetitiaeassisi.it/index.php/en/>

Address: Viale Giovanni XXIII n.2, 06081 Assisi (PG), Italy

We can also recommend the following hotels/monasteries/apartments:

- **Agriturismo Re Artu:** [www.reartuassisi.com/en/](http://www.reartuassisi.com/en/), **within walking distance of our center**
- St. Anthony's Guest House: [www.graymoor.org/italy](http://www.graymoor.org/italy)
- Hotel La Terrazza: [www.laterrazzahotel.it](http://www.laterrazzahotel.it)
- Hotel Dei Priori: [www.hoteldeipriori.it](http://www.hoteldeipriori.it)
- Apartments near the top gate of Assisi: [www.villabigio.com](http://www.villabigio.com)
- Agriturismo Casa Faustina: [www.casafaustina.it](http://www.casafaustina.it)
- Agriturismo Le Mandrie: [www.agriturismomandriesanpaolo.it/index.php?l=en](http://www.agriturismomandriesanpaolo.it/index.php?l=en)
- Apartments in the city centre of Assisi: [www.appsangregorio.altervista.org](http://www.appsangregorio.altervista.org)
- San Masseo Monastery: [www.monasterodibose.it/fraternita/assisi](http://www.monasterodibose.it/fraternita/assisi)
- Camping Fontemaggio: [www.fontemaggio.it/en/](http://www.fontemaggio.it/en/)
- Camping Green Village: <http://www.greenvillageassisi.it>
- Hotel Ideale: [www.hotelideale.it/?lang=en](http://www.hotelideale.it/?lang=en)
- Hotel Pallotta: <http://www.hotelpallotta.it/en/>
- Country House Carfagna: <http://www.carfagnasandro.it>

**Arrival:**

Airports: Rome, Florence

From both airports there are trains to Assisi, from Assisi station it is easiest to take a taxi to the centre of the town (15€); or you can rent a car at both airports, the journey time to Assisi is about 2.5 hours.

If you have any further questions, please feel free to contact us at the following e-mail address: [diolosainfo@gmail.com](mailto:diolosainfo@gmail.com)

Love and blessings from Assisi,  
Claude & Diana

